

# Applied Suicide Intervention Skills Training

## ASIST

Living Works Education

**Date May 11-12**

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**TRAINER: Donna Bowyer**  
Canadian Mental Health Association  
404 Ashford St., Weyburn, Sk  
S4H 1K1

This is a two-day workshop, designed to assist professionals and caregivers in the development of attitudes, knowledge, and skills to recognize persons at risk of suicide, to assess the level of the immediate risk, and to undertake appropriate management or referral of a person at risk.

### AGENDA

**DAY ONE: PREPARING, CONNECTING AND UNDERSTANDING**

8:30 **Registration**

8:45 - 4:30 **The Preparing Section** allows participants to become acquainted with each other while gaining background information on existing suicide intervention programs.

**The Connecting Section** helps caregivers appreciate the impact of attitudes of the suicide intervention process through observation of others in respective caregiver roles and through exploration and evaluation of their own attitudes about suicide.

**The Understanding Section** facilitates an understanding of the magnitude of the suicide problem and provides participants with knowledge and skills to assess the risk of suicide and to communicate that assessment to others.

**DAY TWO: ASSISTING AND NETWORKING**

8:30 - 4:30 **The Assisting Section** introduces a model of suicide intervention and gives participants a chance to develop intervention skills through observation and participation in supervised simulation practices.

**The Networking Section** provides participants with information about resource networks for helping persons at risk and outlines ways in which participants can make use of these resources.

### WORKSHOP REGISTRATION FORM

**REGISTRATION DEADLINE: May 3, 2010**

**For inquiries please call Gladys Perepeluk - (306) 842-7959 [cmhawey@sasktel.net](mailto:cmhawey@sasktel.net)**

Canadian Mental Health Association

: \$120.00 per person Lunch and snacks included both days

**Cheques payable to: Canadian Mental Health Association**

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Return registration forms and cheques to:

Canadian Mental Health Association

**Attn: Gladys Perepeluk**

404 Ashford St.

Weyburn, Sk. S4H 1K1

Fax (306) 842-7959

Name: \_\_\_\_\_ Phone No: \_\_\_\_\_

Agency: \_\_\_\_\_ Position: \_\_\_\_\_

Address: \_\_\_\_\_ Email: \_\_\_\_\_

Postal Code: \_\_\_\_\_

**Cancellation refunds will *not* be made without prior approval. PLEASE RETURN THIS PORTION OF THE FORM WITH YOUR CHEQUE**