

Every 5 days an Older Adult Dies by Suicide in Maricopa County.

Come and be a part of the solution as the Area Agency on Aging, Region One hosts an...



ASIST Workshop

Applied Suicide Intervention Skills Training

January 12th & 13th
or
March 23rd & 24th

8:00 a.m. to 5:00 p.m.

1366 East Thomas Road
Suite 108
Phoenix, AZ 85014

You **MUST** be present for the full two days.

For more information or to register please contact Melissa Benfield at 602-241-6106 or email benfield@aaaphx.org

The focus of this two-day skills-building workshop is to prepare professionals, volunteers, caregivers and all community members with the ability to provide suicide first aid interventions to those with suicidal thoughts in a manner that increases their suicide safety.

After this workshop you will be able to:

- Identify those who are having thoughts of suicide
- Understand how your beliefs and attitudes can affect suicide interventions
- Increase understanding about why suicidal thoughts occur and the reasons for living

The actual cost of this workshop is \$250 per person. Your participation is made possible by the Area Agency on Aging, Region One with funding in part from Magellan Behavioral Health through an agreement with the Arizona Department of Health Services, Division of Behavioral Health Services.



AREA AGENCY ON AGING
REGION ONE, INCORPORATED