



## Day 1 and 2

- Brief “trainer hat” introduction starting 0815 of Day 1
- “Participant hat” (0830 to approximately 1630; lunch 1230 to 1330 both days)
  - Experience *ASIST* as a participant and get to know other candidates through that medium
  - Try NOT to concern yourself with the next three days
  - End of Day 2
- End of *Applied Suicide Intervention Skills Training*
- Starting the transition to “trainer hat:” *“Do you want to work toward becoming a trainer of this workshop?”* (15 minutes; day ends at approximately 1645)



**PLEASE NOTE:** Candidates must attend all required sessions.

## Day 3, Morning

- Trainer hat
- Finding out the parts of the workshop you will specialize in, among other things

## Day 3, Afternoon and Evening

### Afternoon (1400–1700)

- Some will be in Coaching groups onsite (at the training location) working on their part of Day 1 of the workshop
- Others will be doing self-study (your choice of location) working on their part of Day 1 of the workshop

### Evening (1730–2030)

- Some will be in Coaching groups onsite (at the training location) working on their part of Day 1 of the workshop
- Others will be doing self-study (your choice of location) working on their part of Day 1 of the workshop

## Day 4, Morning

- Presenting those parts of Day 1 of the workshop that you have been working on

## Day 4, Afternoon and Evening

### Afternoon (1400–1700)

- Some will be in Coaching groups onsite (at the training location) working on their part of Day 2 of the workshop
- Others will be doing self-study (your choice of location) working on their part of Day 2 of the workshop

### Evening (1730–2030)

- Some will be in Coaching groups onsite (at the training location) working on their part of Day 2 of the workshop
- Others will be doing self-study (your choice of location) working on their part of Day 2 of the workshop

## Day 5, Morning

- Presenting those parts of Day 2 of the workshop that you have been working on. (You will be in a different group than the Day 1 presentation group.)

## Day 5, Afternoon

- Implementation issues and closing activities. Usually ends by 1600.