

Every 5 days an Older Adult Dies by Suicide in Maricopa County.

Come and be a part of the solution as the Area Agency on Aging, Region One hosts...



safeTALK

A training to help create suicide-safe communities

Dec. 22nd 9 a.m. -12 p.m.

Feb. 23rd 1-4 p.m.

April 13th 9 a.m.-12 p.m.

1366 East Thomas Road
Suite 108
Phoenix, AZ 85014

For more information or to register please contact Melissa Benfield at 602-241-6106 or email benfield@aaaphx.org

Persons from all backgrounds can participate in this training and increase their ability to be suicide alert. By learning the four basic TALK steps, participants will be trained to ensure persons with thoughts of suicide are connected to appropriate helpers in their community. After this training you will be able to:

- Learn how to recognize and engage a person who might be having thoughts of suicide
- Confirm if thoughts of suicide are present
- Connect someone with suicidal thoughts to an appropriate helper in their community.

Your participation is made possible by the Area Agency on Aging, Region One with funding in part from Magellan Behavioral Health through an agreement with the Arizona Department of Health Services, Division of Behavioral Health Services.



AREA AGENCY ON AGING
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