



safeTALK

When: February 26, 2010

Where: Canandaigua High School

Time: 8am-11:30am

Registration: Please register within one week of the above date as space is limited to 30 participants.

Overview

SafeTALK is a 3 ½ hour training that prepares anyone over the age of 15 to identify persons with thoughts of suicide and connect them to suicide first aid resources. Most people with thoughts of suicide invite help to stay safe. Alert helpers know how to use these opportunities to support that desire for safety. As a safeTALK-trained suicide alert helper, you will be better able to:

- move beyond common tendencies to miss, dismiss or avoid suicide;
- identify people who have thoughts of suicide;
- apply the TALK steps (Tell, Ask, Listen and KeepSafe) to connect a person with suicide thoughts to suicide first aid, intervention caregivers.

Powerful video clips illustrate both non-alert and alert responses. Discussion and practice help stimulate learning. Learn steps that contribute to saving lives.

The Role of SafeTALK in a Suicide Safer Community

SafeTALK was designed to teach skills that complement caregivers with suicide intervention skills like those learned in ASIST, LivingWorks' two-day workshop. SafeTALK-trained helpers make early recognition and referral possible on a far larger scale than any community can afford to do through suicide intervention skills training alone. When there are enough SafeTALK-trained persons available, suicide intervention caregivers will be used more often.

SafeTALK Registration Form – January 16, 2010

Please register by returning this form to Lynne McHenry at address below or email lynne@overcomingthedarkness.com. Payment due January 11, 2010

Name: _____ Organization: _____

Address: _____

E-mail: _____

Phone Number: _____ Special requirements: _____