



Applied Suicide Intervention Skills Training

*Training for
Everyone*

2 days

Monday & Tuesday

March 5 & 6

8:30am-4:30pm

Milford Senior Center

60 N. Bow Street

Milford, MA

Prompt start both days

Light breakfast, lunch
and snack included

**This training is usually
\$125/person and is
OFFERED FOR FREE
through a generous
grant from CHNA6**

This FREE training is sponsored by:

CHNA6

Call2Talk

**American Foundation for Suicide
Prevention**

Applied Suicide Intervention Skills Training (ASIST) is for anyone 16 or older—regardless of prior experience—who wants to be able to provide suicide first aid. Shown by major studies to significantly reduce suicidality, the ASIST model teaches effective intervention skills while helping to build suicide prevention networks in the community.

ASIST is a two-day workshop (presented over two consecutive days) that is designed to enhance caregiver skills to intervene until either the immediate risk of suicide is reduced, or additional resources can be located. The goal of the workshop is to allow participants to walk away with the ability to do the following:

- Recognize people at risk of suicide
- Discuss suicide with a person at risk in a direct manner
- Hear their stories, and understand their situations, then
- Help them stay safe with a life-affirming intervention, by
- Acquiring the skills to apply the Pathway for Assisting Life

Who can participate?

- Anyone 16+
- Clergy
- Clinicians
- Community members
- Educators
- Youth workers

CEU Information

CEUs are available with an after-class on-line test and fee. See <http://www.ceunits.com/livingworks/> for more information.

Registration Information

Contact Eileen Davis

eileen.davis@uwotc.org or (508) 370-4857

Space is limited. First come, first served.