Leading the way to
SUICIDE-SAFER COMMUNITIES

We believe that everyone, regardless of background or experience, can contribute to a suicide-safer community. No matter what role they’ll play, we have a program to help them prepare.

Layered

Our programs are layered to provide different knowledge levels for different needs.

From first steps to comprehensive skills, you can start where you are comfortable and add more depth when you are ready.

Evidence-based

Our programs are evidence-based to offer proven, effective ways of making a difference.

Supported by over 15 reports and peer-reviewed articles, LivingWorks training has been validated in diverse contexts and settings.

Integrated

Our programs are integrated so that participants at all levels can work together.

LivingWorks training helps people in all roles come together to build networks of safety, hope, and support in their communities.

Who uses LivingWorks programs?

Widely used by both professionals and the general public, our programs offer valuable skills to every participant. Here are some of the groups using our training:

- Community Members
- Counselors, Social Workers, and Clinicians
- Crisis Line Workers
- Faith Community Members
- Coaches and Athletes
- Military Personnel
- Firefighters
- Educators and Students
- Volunteers
- Medical Professionals
- Construction Workers
- Police and Correction Officers
- EMTs and Paramedics
- Service Industry
- Workplaces

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Training programs for everyone

Suicide is preventable, and anyone can make a difference. LivingWorks promotes a layered approach that encourages individuals and organizations to select the training programs best suited to their needs.

Our programs are designed to explore awareness about suicide, develop intervention skills, and facilitate recovery and growth after a suicide experience. Together, these programs build on one another to help create suicide-safer communities.

**suicide to Hope**  
**Growth and recovery**  
**Who:** Clinicians and other professionals  
**Time:** 1 day  
**Participant role:** Help people recover and grow after they experience a suicide crisis

Once someone is safe after receiving an ASIST intervention, a professional trained in suicide to Hope can support their recovery and growth

**ASIST**  
**Suicide intervention**  
**Who:** Anyone 16+  
**Time:** 2 days  
**Participant role:** Provide suicide first-aid interventions to people with thoughts of suicide

When safeTALK participants recognize people with thoughts of suicide, they connect them to ASIST-trained resources for full interventions

**safeTALK**  
**Suicide alertness**  
**Who:** Anyone 15+  
**Time:** 3-4 hours  
**Participant role:** Use in-depth skills to identify people with thoughts of suicide and connect them to safety resources

suicideTALK lays the foundation for future learning and explains how knowledge and skills can help build a suicide-safer community

**safeTALK**  
**Growth and recovery**  
**Who:** Anyone 15+  
**Time:** 1-2 hours  
**Participant role:** Raise awareness about suicide and promote community mental health

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